

THE INTERNATIONAL HERITAGE HERALD

November 27, 2020



GENERAL

Quote: "Did we know we were happy when we were happy?" Les Jones

Director's weekly notes- "The view from Dacia Boulevard"

In a week where the official American holiday of Thanksgiving is celebrated traditionally in the last week of November, albeit under the restrictions of the pandemic in 2020, we took the opportunity again, as an international school to share in this most American of holidays and gave thanks to just being returned to school since the 1st September. This week's quote is something we all need to ask ourselves frequently as we reflect on the important things in our lives such as our friends, family, the ability to come to school and access education, especially as we saw the record cases in Moldova this week, we give thanks for our health. We certainly knew this week that we were happy as we came into school in the last week

of November in the brilliant sunshine and despite the colder starts, it's one of the best moments of school to see our community arriving each morning with the promise of a new day. It is hard to believe December starts next week and we enter the last month of 2020. We had a wonderful assembly in school on Thanksgiving, led by Mr Andy and our American colleagues, looking at the traditions and origins. Our deepest appreciation and thanks to His Excellency, Ambassador Hogan & the US Embassy, for taking time to send a video message to our school community and to share the importance of the Thanksgiving message for him as an American, A huge thanks to Seasons Catering and SBora for their imaginative and very tasty Thanksgiving menu and we are looking forward to more international menus in the new year. Everyone really appreciated it. Mrs Vlada and the wonderful students of 4B presented the primary assembly this week and their message was very much about making sure we fight for what is important, like our right to learning and education. I loved the air hug too in this physically distanced time. A very key message running through 2020 for us as a school community in this crisis.



Developing our students holistically so they all reach their potential and face the challenge to be the best they can be, is intrinsic in our ethos. I am really pleased with the work Mrs Olesea is leading on as we develop our pastoral curriculum and we have partnered with the Red Box and Youth Clinic organisations to support the personal and social health development curriculum. Next week, we will be participating with others across Moldova at the Ministries of Health and Education online conference on adolescence health and development in the context of Covid19 and the ministries and agencies such as the UNFPA Moldova, deserve our thanks for the way they are supporting our young people in this crisis with such initiatives. The UNFPA's #16day campaign, started with the illumination of the parliament in orange this week, to highlight the awareness and support needed against any domestic violence, intimidation and discrimination faced by our daughters, wives, partners, sisters, mothers, grandmothers, aunts and friends. I am filled with such hope as I was this week talking to some of our gymnasium students about these issues and how this has no place in our society and we all have to act to call it out. The ongoing work of our students for the global Climate Action Change movement continues to illustrate the compassion and leadership of our students and on Thursday we took part in a special online conference with the British Embassy in Chisinau and the deputy chief of mission, Gary Davies, as we support and contribute leading to the G20 conference in the UK next year on climate action. We are hoping our students will be able to attend and go to the UK in person. A fantastic job by Mrs Tatiana and all her team. On Saturday, we will deliver the very generous and kind collection from our school community to the AREAL Animal shelter and my thanks to Mr Chris and everyone involved. We began the formal launch of Heritage International Lyceum for our post 16 A Levels for Grade 10, currently doing a brilliant job with their IGCSE mocks and my thanks to Mrs Liliana and her Cambridge team. Next Monday, at 5pm, we will be speaking to Grade 10 parents about the Lyceum and the next exciting chapter in our school's story.

I was struck by the words of Simon Springett of the UN in Moldova, when he said this week "A mask is a badge of courage and shows others that you care". We need to think more about our community, especially in these difficult times so we can get our wider society safe again going into 2021. One only has to read and see what key health workers are enduring daily as they try to manage this awful pandemic in Moldova, to know the simple acts we can all take to reduce the cases, and ones we should all be doing, inside and outside of school. We know we are happy and appreciative of all the good things

we are fortunate enough to have in our lives and I will finish with a wonderful quote from our dear American colleague, Mrs Johnson, from the great state of North Carolina, who was so impressed with Heritage and Moldova last July she had to come and be a teacher here. And we are so glad she did and is here to contribute to our school and our story.

Enjoy another incredible IHH newsletter and my thanks to Mrs Inga for making sure it is collated, edited and goes out every Friday to our community so we can all see the week in our school across our communities. Sometimes there are not enough words and too many people to give all the thanks and appreciation we see daily in our community. But we appreciate what we all do that makes our school community the school it is known across Europe and the World with a deserved growing reputation for our innovative, international outward facing, student centred, caring, positive, educational model. Many may try to imitate but there is only one Heritage and one cannot copy our values, culture and soul as a school. Especially by a copy and paste approach. We are Heritage!

"...something within me wanted to come and just teach here...I will finish strong". This academic year, we are all going to finish strong.

Rob Ford, Director.



Please take time to have a look at supporting ChildAid, a charity in Eastern Europe supporting vulnerable children and families including the amazing work in the Tony Hawkes centre in Moldova - <https://www.childaidee.org.uk/>

Heritage in the news:

- Outstanding achievement and music talent from Bianca Sarbu (8E). We are really proud of her success.





Program de suport pentru cadre didactice, manageri și părinți despre menținerea bunăstării psihemoționale

ALEG SĂ FIU BINE cu alții și cu mine!

Comunicăm eficient și în siguranță pe Internet

Luni, 23 noiembrie
18:00



Sesiune susținută de:

Tatiana Popa
coordonatoare Educație Globală și
Coordonatoare Educație
tip hibrid la Școala Internațională Heritage



Invitată:

Irina Strajescu
director Comunități Moldoale



irina strajescu

- TVR Moldova about Andreea Dorin and Heritage mural

<https://m.facebook.com/plugins/video.php?height=224&width=400&referrer=www.twitter.com&href=https%3A%2F%2Fwww.facebook.com%2Fmatinaliitvrmoldova%2Fvideos%2F411889839987273%2F>



ANATOL FORNEA
reporter



A PICTAT PERETELE UNEI ȘCOLI DIN CHIȘINĂU



ANDREEA DORIN
pictoriță



PEISAJELE SUNT CEA MAI MARE PASIUNE A EI



Campusul este frumos, dar pictura
devenit punctul de focusare pentru toate fotografiile.

ROBERT FORD
directorul școlii



Ne simțim privilegiați să lucrăm cu Andreea
și că putem dezvolta acest talent tânăr și remarcabil.

ROBERT FORD
directorul școlii

In the recent edition of the **student newspaper**, Gesica Sirbu shares her review of Kimberly Brubaker Bradley's historical fiction novel, *The War That Saved My Life*. Set during World War II, a family from London evacuates from their home and relocates to the countryside. This powerful novel is designed to demonstrate how crucial it is to never give up in hope and love. Check out **the Heritage Globe** for book reviews, interviews, school events, restaurant reviews, and more.

Our Student Newspaper
The Heritage Globe
Click Below
<https://sites.google.com/heritage.md/heritageglobe>

<https://sites.google.com/heritage.md/heritage-globe/home>

Increase Vocabulary Through Reading

5 Minutes of reading each day
= 900 minutes/school year
= 282,000 words



20 Minutes of reading each day
= 3600 minutes/school year
= 1,800,000 words

teachbesideme.com

We congratulate the winners of the **Municipal Contest** „*Limba noastră-i o comoară* ”:

Heritage team, grade 9A- II place

Arina Gandrabura

Ina Pancenco

Denisa Potâng

Ştefan Lisnic

We extend our congratulations to their teacher Viorica Railean!

Go Heritage!



Notes from Ms Elize

This Thursday Americans in the US and all over the world celebrated Thanksgiving. On this Holiday family and friends get together to celebrate and give thanks.

Gratitude is a warm feeling of thankfulness towards the world, or towards specific individuals for what we have or for help, support and good deeds we have received.

gratitude is strongly and consistently associated with greater happiness. Gratitude helps people feel more positive emotions, relish good experiences, improve their health, deal with adversity, and build strong relationships. On this day I am thankful for the fact that we have our school physically open. I am thankful for each and every teacher and student at Heritage. It is with a heart filled with gratitude that I get up every morning and come to school.

We can never encourage our children enough to dream! We have to always support them to be brave and strong and reach for the stars. 4B with Ms Vlada did an amazing project for our Primary School Assembly this week. Have goals and dreams go hand in hand with being thankful for what we have!



Next week we will launch our Primary School Student Council under the leadership of Ms Allie. Leadership skills allow children to have control of their lives and the ability to make things happen. Leadership instills confidence, and helps children solve problems creatively, work in a team, and work collaboratively with others. Leadership gives children many opportunities to develop responsibility. Please have a look at the flyer for more information on how to get involved. We already have our first project planned for the end of this semester and are looking forward to the wonderful activities still to come in the next semester.

Student Council

VOICE
Make your voice count

HERITAGE
International School

If interested, please email Ms. Allie
Allie.martin@heritage.md

Ms Elena and 2E have been busy in Science exploring the world around them. This week they have been exploring uses of rocks. For this, they took their magnifying glasses and clipboards, and as real scientists looked around the school for rocks and took notes.



Ms Natalia and 1E have been studying plants in Science. They explored the parts of a plant and learnt what a plant needs to grow and flourish. In Math they have been studying numbers and practised ordering numbers.



At Heritage we are educating the whole child. During Clubs students get the opportunity to develop skills and cultivate a love for and interest in various creative activities. Creative experiences can help children express and cope with their feelings. Creativity also fosters mental growth in children by providing opportunities for trying out new ideas, and new ways of thinking and problem-solving. In Knitting Club students in 3E have created some amazing items.



Have a great weekend with your loved ones. The Holiday Season is here. It is a magical time of the year!

“There are only two ways to live your life. One is as though nothing is a miracle. The other is as though everything is a miracle.”

Albert Einstein



Our eTweeters from 2nd grade has a week full of creative ideas. Participating in the World Weather Watch 2020 Project gave us the opportunity to study weather indicators, to collect our own data and to critically analyze it. To make the project more interesting, we partnered with various countries, and we compared all our data with the data collected one year ago. Our collective conclusion was: this week was colder than the same period in 2019.

The enthusiasm and commitment from all of the schools across the 22 countries during #IEW2020 has been unbelievable. We all uploaded and shared pupils' work on #eTwinning with live reports, photos, videos & data about the weather #eTw4Climate First class, World Collaboration, Communication & Learning despite C-19 closure in many schools.

This week has been dedicated to weather poems, sayings, stories, songs.

<https://youtu.be/CqgJ9z8qyng>

Mrs Dorin, our music teacher collaborated with us and helped us imitate the sound of rain by making various sounds with our mouths, hands and feet. It turned out beautifully and we had a lot of fun practicing for it. Our source of inspiration was Perpetuum Jazzile, Rain

<https://www.youtube.com/watch?v=pLNI-BvmhYA>



The founder of the project, Colette Cotton praised us in a Twitter post for our creativity.

What is the weather like at your school?
World weather observation IEW 16th-21st November 2020

School	Town	Country	Temperature at 12 o'clock	Rain	Sunny	Partly Sunny	Cloudy	Windy	Sleet/Snow	Stormy	Mist/Fog
Heritage International School	Chisinau	Moldova	+7°C	-	-	-	+	-	-	-	-
			+3°C	+	-	-	-	-	-	-	-
			+0°C	+	-	-	+	-	-	-	+
			+2°C	-	-	-	+	+	-	-	-
			+5°C	-	-	-	+	+	-	-	-
			+7°C	+	-	-	+	+	-	-	+

News from Secondary:

Sponsored by Kinteract

Art Competition

Competition theme: 'Connections'

Deadline: Wednesday 24 February 2021

cobis.org.uk/art

Students are invited to produce a piece of art that reflects this year's competition theme, 'Connections'.

Our [Art Competition](#) is a fantastic opportunity for young artists to compete internationally and showcase their talents. The competition is open to all COBIS schools, including Applicant schools.



Submissions will open on Wednesday 27 January and close at 3pm (GMT) on **Wednesday 24 February 2021**. Each school will be able to submit up to three entries per category listed below. Many schools choose to run an internal competition to select these entries.

- Early Years and Foundation Stage
- Key Stage 1
- Key Stage 2
- Key Stage 3
- Group Entries (all ages)

Entries will be submitted via an online form. Full details about how to submit your students' entries will be made available on this webpage in January 2021.

Winners and Prizes

The winners will be announced on our website and social media channels in April 2021. The winning entries will be published on our website and may feature at our Annual Conference in May 2021.

A certificate and prize will be awarded to the winner and runner-up of each category.

Winner: £50 Amazon voucher

Runner-up: £25 Amazon voucher



Global Education:

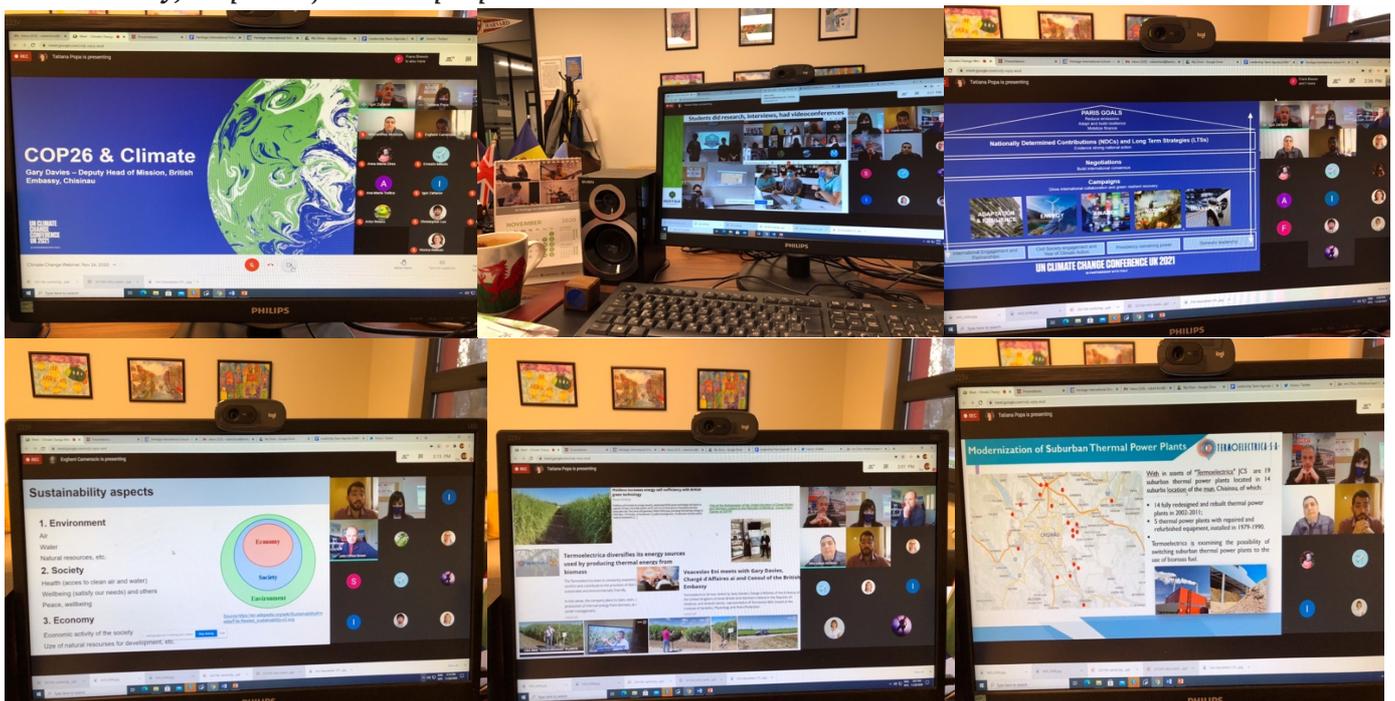
This week Heritage International School were asked to co-moderate a webinar with the British Embassy Moldova to discuss climate change, as a result of our extensive work in climate action on global scale. Britain is getting ready for COP26 conference next autumn.

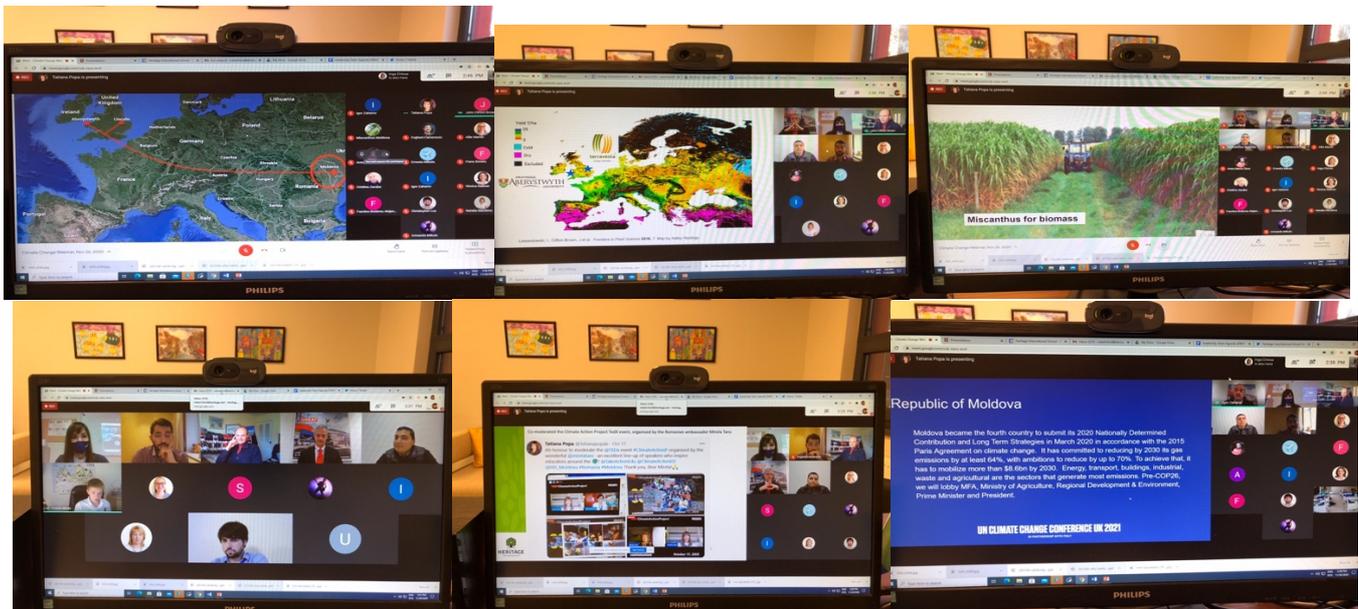
The 2021 United Nations Climate Change Conference, also known as COP26, is the 26th United Nations Climate Change conference. It is scheduled to be held in Glasgow, Scotland from 1 to 12 November 2021 under the presidency of the UK Government, with assistance from the Scottish Government.

Britain (via British Embassy) is planning to do activities worldwide in this respect in order to raise awareness and tackle the topic in various ways. Our webinar on Thursday, November 26, was part of this course of action. Besides the Deputy Head of Mission, Mr. Gary Davies, there were some guest speakers, like John Clifton-Brown (Project leader, Miscanthus breeding programme), Anatolii Sandu (R&D representative in South-East Europe and CIS countries), and Eugen Camenscic (Climate and Sustainable Energy planning consultant, Green City Lab).

Tatiana Popa, the Global Learning Coordinator at Heritage and the Climate Action Ambassador in Moldova, presented our school's work to stop climate change during this year, as well as our student Ernests Mikuts spoke about the plan to get Heritage school in the Eco Schools programme.

Following this event, on Monday our students who spoke on Climate Action Day will pay a visit at the British Embassy to tell more about their experience and to attend the tree planting event organised by the Embassy, as part of COP26 preparation.





Climate Change webinar recording

https://drive.google.com/file/d/1kVqDitWRgC7EF10C_SjmInXOZwtstzIO/view?usp=sharing



BIBLIOTECA NAȚIONALĂ
A REPUBLICII MOLDOVA



UNIUNEA
ARTIȘTILOR
PLASTICI



LICEUL ACADEMIC
DE ARTE PLASTICE
"IGOR VIERU"

ANATOLIE GHERASIMOV

expoziție de acuarelă

DOBROGEA, MOLDOVA, ARDEALUL ȘI ȚARA ROMÂNEASCĂ

Vernisaj:
1 Decembrie
ora 15:00

1 Decembrie
2020
31 Ianuarie
2021

Secția "Artă și Hărți"
Chișinău, str. 31 August 1989. 78




We call all Heritage students to participate in the **project "Christmas Greetings and Happy New Year Card"!**

All works will be featured in the **"Winter Exhibition"**, in the school virtual **Art Gallery**.

The selected works will be printed on the school cards and send to organisations, parents and friends of Heritage around the World, wishing them seasons greetings and best wishes for the new year.

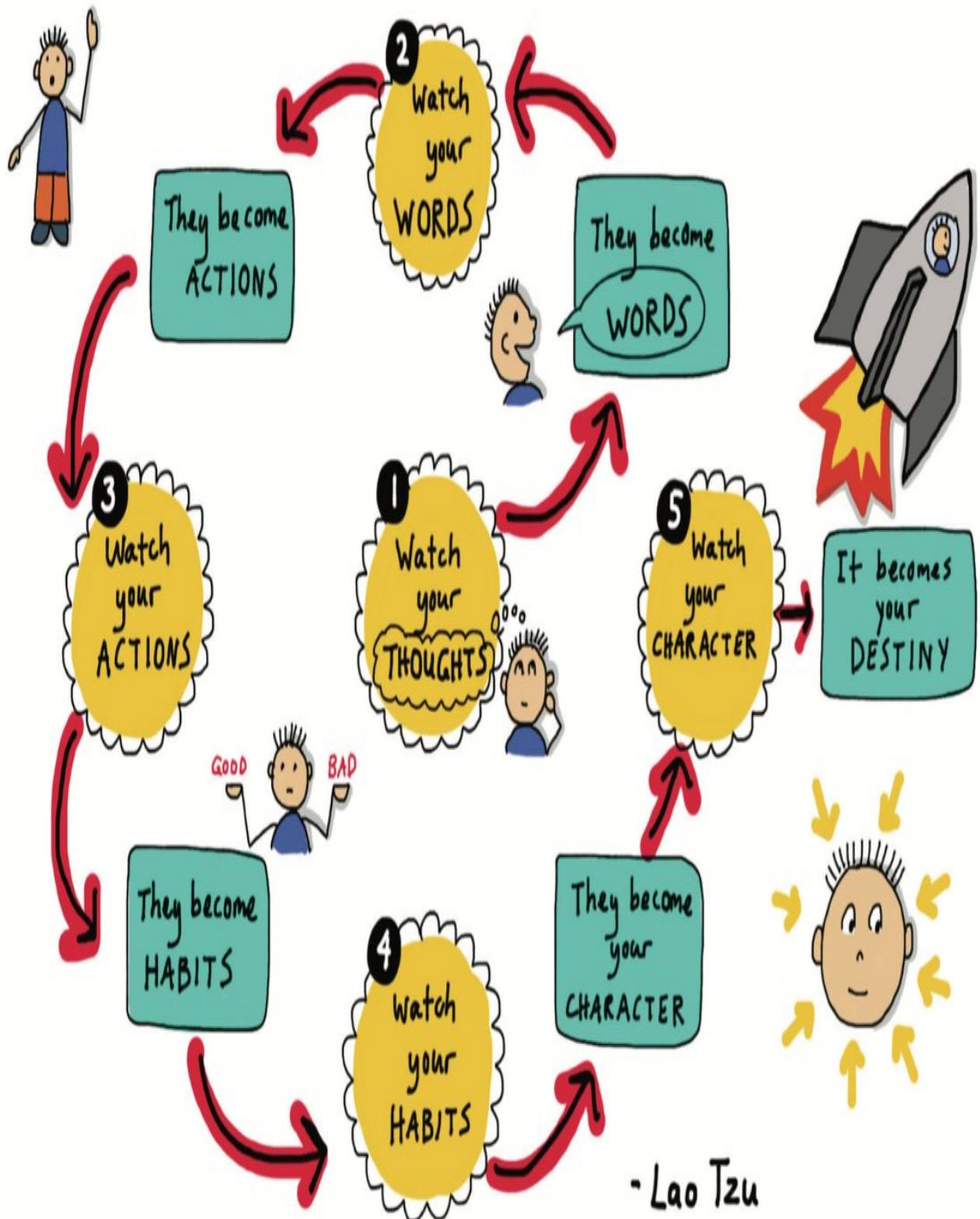
Type of work: New Year / winter artwork - a painting or a drawing, without text (not a card, just a painting)

Size of the work: A4 or A3.

Materials and technique: free choice.

Submitting the work: bring your work to Ms. Iulia Miscisina (Primary students) and to Mrs. Elena Meleca (Gymnasium students).

Due date: December 7



@sylvia duckworth

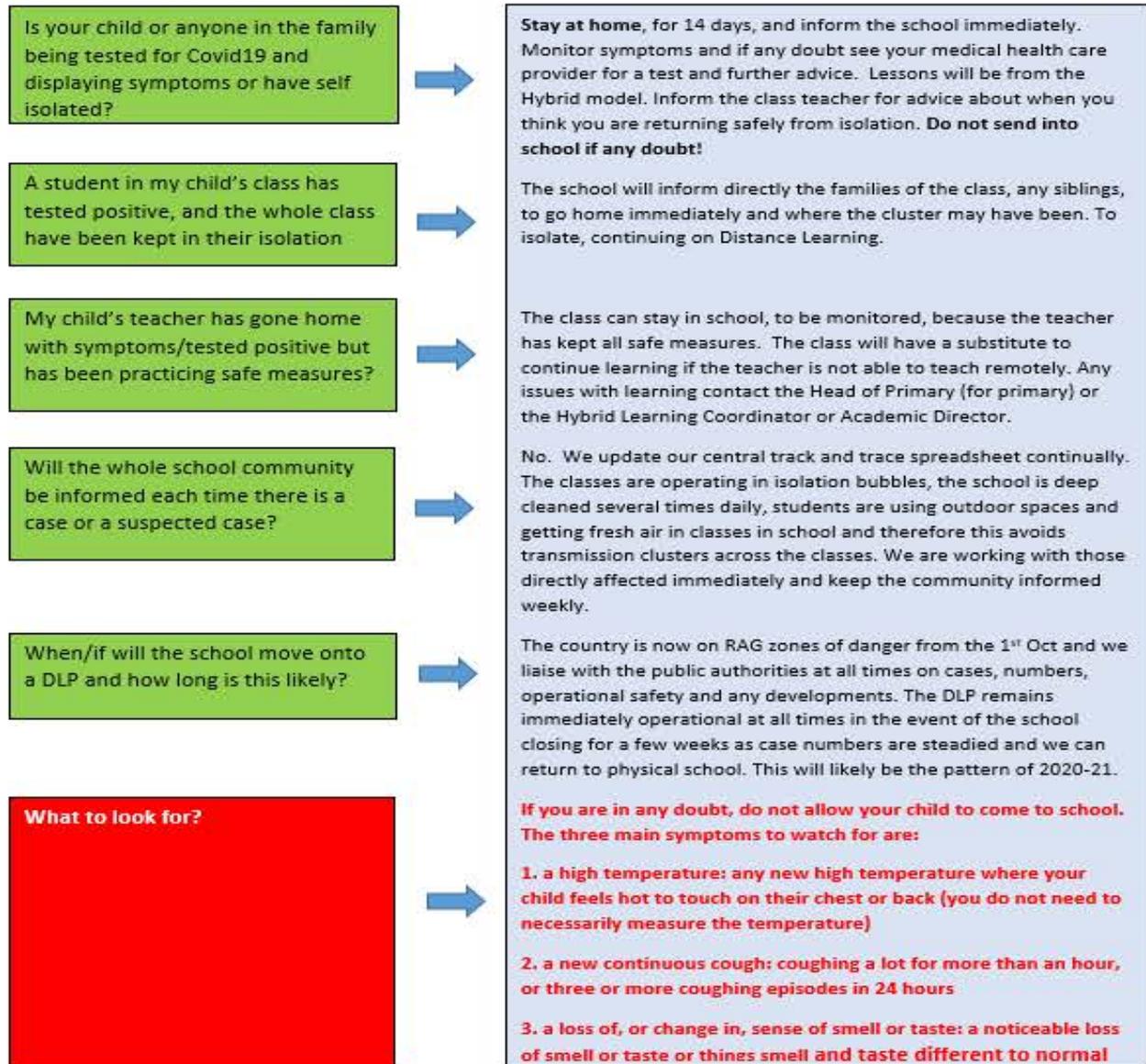
CHARACTER COUNTS!

The 6 Pillars of CHARACTER:



1. Trustworthiness
2. Respect
3. Responsibility
4. Fairness
5. Caring
6. Citizenship

Can/Should my child go to school today?



If one of the students is tested positive with Covid-19, the whole class will be quarantined for 14 days. **Siblings** do need to be in isolation as well.

For all the children who are in quarantine parents should fill in the **epidemiological form**:
<https://forms.gle/Ok1DBdfa4BykX8Gq9> All the information provided will be sent to the Public Health Center.

Necessary documentation for returning to school:

Before returning to school after the quarantine period, parents should present to classroom teacher the **Declaration**

https://drive.google.com/drive/u/0/folders/1J0WBrE37gjfOOHJAXY3UR0DG_klSi7wc?q=owner:iute%40mail.ru

For children who have been tested positive with Covid-19 and in case of any disease, for return to school it is mandatory to present the **medical certificate** with the 3 stamps, as a confirmation that the child can attend groups of children.

FORTHCOMING EVENTS

30th November 2020 5pm online

Lyceum Open Evening for Grade 10 Parents and Students for starting Cambridge A Levels September 2021

7th December 2020 - 16th December 2020

IGCSE 2 Mock exams I

Protect yourself and loved ones from coronavirus.

Wash your hands regularly with **soap** and **water**.



Cover your mouth and nose while **sneezing** or **coughing**.



Avoid close contact with anyone who has a cold or flu-like symptoms.



If you have fever, cough and difficulty breathing, **seek medical care early**.



unicef  | for every child



World Health Organization

REGIONAL OFFICE FOR Europe

We don't have time for influenza this year.

Stop flu with vaccination, hygiene and physical distancing



Six things NOT to do when wearing a face covering



- DO NOT use if damaged or damp
- DO NOT wear it around chin
- DO NOT wear loose-fitting mask

- DO NOT pull away from face to speak
- DO NOT touch front of mask
- DO NOT share your mask



A Smart School Life to Prevent COVID-19



Open windows often to let fresh air in and clean your desk regularly.

- Occasionally open the windows for your health and that of your friends. Especially, do so right after arriving at school and during break, lunchtime, and clean-up time!
- Clean your own desk regularly.

This is how your school life should be:

- Always wear a mask during classes and breaks.
- Wash your hands often.
- When coughing or sneezing, cover your mouth and nose with your sleeve.
- Avoid physical contact, such as holding hands.
- Do not let others use your personal belongings.



Be considerate to your friends during lunchtime.

- In the school cafeteria, line up at double arm's length apart from each other.
- Do not talk while eating.
- Take off your face mask right before eating your meal and put it back on immediately after.

If you are feeling ill, tell your teacher.

- If you have fever, sore throat, cough, or runny nose, tell your teacher right away.
- If your friend becomes a confirmed case, do not panic; just follow your teacher's instructions.



CORONAVIRUS SOCIAL DISTANCING



PLEASE KEEP APART

HOW TO SUPPORT YOUR CHILD'S MENTAL HEALTH

@BELIEVEPHQ

www.BelievePerform.com



LOVE

Be there for your child and show care and love



EXERCISE

Encourage play, exercise and sport



BEHAVIOUR

Keep an eye out for any changes in behaviour



SUPPORT

Regularly support, encourage and praise your child



REST TIME

Help your child to manage stress by building in some rest time



BE PROUD

Tell your child that you are proud of them



PATIENCE

Be patient. Don't pressure your child



HELP

Don't be afraid to seek help from professionals



FEELING

Get to know how your child is feeling



EDUCATE

Educate yourself about mental health problems



PROBLEM SOLVING

Help your child to effectively problem solve



LISTEN

Make sure you take time to listen to what your child has to say



COPING

Help your child to learn some simple coping skills such as relaxation



SYMPTOMS

Be aware of signs and symptoms



CONVERSATION

Encourage your child to engage in conversation



ENVIRONMENT

Provide a positive environment for your child where they can thrive



MAIN CONTACTS

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Hybrid Learning Coordinator: tatiana.popa@heritage.md

School psychologist: olesea.pletniiov@heritage.md

Head of English Department: liliana.pulbere@heritage.md

ESL Cambridge primary: larisa.mirza@heritage.md

Absences: school.absences@heritage.md

Buses/meals: tatiana.arnautu@heritage.md

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